

**ABSTRACT**

A method for more effectively accessing message attachments that is particularly applicable in a telephone voicemail or e-mail system. The system provides users with the ability to selectively process attachments to a main or originating message and to  
5 designate messages as able to be forwarded only once and/or be reviewed only once.

Among other benefits, the time required for handling attachments and/or for listening to attachments is reduced. Various embodiments of the invention include the use of telephone keypad input control, push-button, voice recognition and computer control.

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